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PRE-OPERATIVE INSTRUCTIONS

Discontinue the following medications two weeks prior to your surgery; as this will cause increased bleeding. Any aspirin or aspirin-containing products (Bufferin, Alka Seltzer, Anacin, Excederin, Ecotrin, Equagesic, Norgesic, Fiorinal, Percodan, Vanquish, Empirin). **If prescribed, please do not stop taking without the approval from your original prescriber.** You may take Tylenol (acetaminophen) for aches and pains.

Unless prescribed by your physician, do not take Motrin (Ibuprofen, Advil, Nupren, Rufen) Clinoril, Naprosyn (Aleve) or Trillisate for two weeks prior to surgery. Inform the office prior to your surgery if you are taking Coumadin, Eliquis, Plavix, Pradaxa, or Xarelto.

On the morning of the surgery:

1. Eat breakfast
2. Take your daily medications (except of course for aspirin or other medications prohibited above).
3. Wash with soap and shampoo your hair, as your wound and initial dressing will remain dry for the first 24 hrs.

You will most likely have sutures placed which will have to be removed approximately seven to fourteen days afterward. If you feel you cannot return for suture removal, please let us know immediately.

Plan to avoid heavy lifting after surgery on the arms or trunk. Plan to stay off your feet as much as you can after surgery on the legs.

If you become pregnant before your surgical appointment, please notify your doctor.

If you have any questions or problems, please call the office, 781-762-5858